

1.UGC-UKIERI PROJECT

Project title: Integrating social and health care for improved management of health conditions in India: International Social Work Paradigm.

Funded by British Council and University Grants Commission

Principal investigators:

Dr Fr Saju M.D, Rajagiri College of Social Sciences

Prof Martin Webber, University of York

This is a 3-year collaborative project between Rajagiri College of Social Sciences and University of York. Other partners of the project are Dr Jacques Joubert and Prof Lynette Joubert- University of Melbourne, Dr Jotheeswaran A Thiyagarajan, Meredith Fendt-Newlyn- World Health Organization, Dr. Jeemon, Assistant Professor, Epidemiologist from Sree Chithira Thirunna Institute for Medical Science and Technology, Trivandrum as the Project Advisor, Dr. Neeraja from the Department of Mental Health WHO, Geneva as the Research Advisor (Mental Health Intervention Development), Dr. K.S. Shaji, Professor & Head, Department of Psychiatry (Government Medical College, Thrissur) as the Research Advisor, Dr. Rameela Shekhar, Dean of MSW, Chennai Roshni Nilaya, Mangaluru as Research Associate and Prof. Keith Gomez, Associate Director VHS, Chennai as the Mentor.

Project details:

- develops collaborations between the two institutions and facilitates knowledge exchange between different areas
- involves the triangulation of the different methods in social work research to understand the chronic health conditions in India
- conducts systematic reviews on chronic health conditions and its management
- improves chronic health conditions in India through effective and efficient interventions
- generates publications on high impact journals

Project duration: 1st April 2017-31st August 2020

Project activities under UKIERI PROJECT

Activities	Brief description	Status
Scoping review	Systematic search on different search engines to identify the social risk	Completed

	factors of chronic illness conditions in India	
Community survey	Household survey in a community for all people above the age of 30 through cluster sampling technique.	Completed
Qualitative interview	To facilitate triangulation of data to develop intervention	Completed
Information dissemination initiatives	National and international conference, training workshops	Ongoing
Intervention development, testing and implementation	To reduce the treatment gap and improve the treatment adherence for people with diabetes, hypertension, depression and anxiety	Yet to be done

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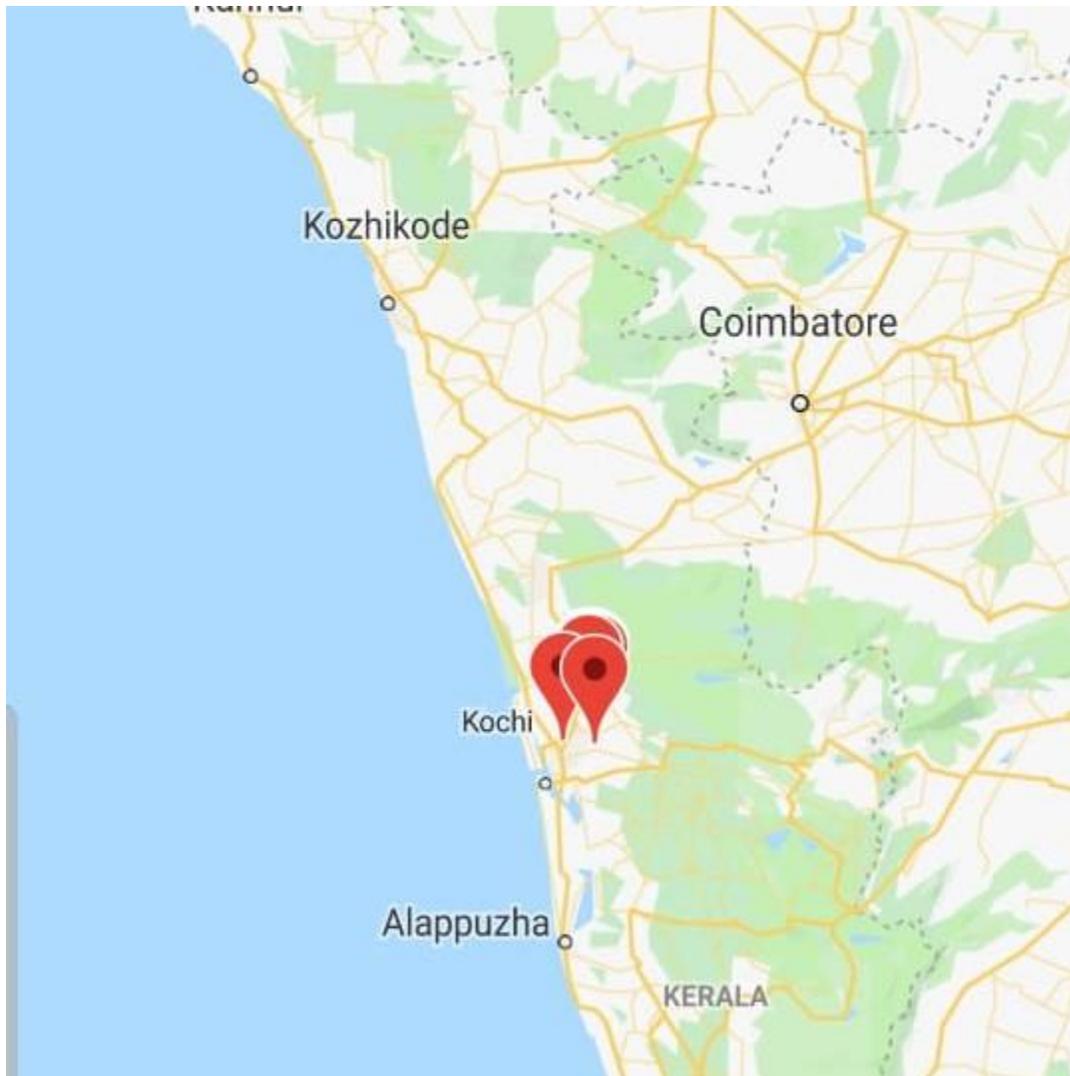
Scoping review:

A scoping review was conducted on social factors associated with chronic disease and comorbidity with mental health problems in India. Five databases were searched using strict inclusion and exclusion criteria. Eight articles were identified and relevant findings were extracted.

SWADES Community Survey

Cross-sectional comprehensive one-phase surveys were conducted (between May and July 2018) with all residents aged 30 and over in geographically defined catchment areas in Kerala, India. Ethical clearance was obtained from Institutional Review Board, Rajagiri Hospital. The study catchment area was located in semi-rural region of Keezhumadu panchayat in Ernakulam, Kerala, India. The residents had mixed culture and socioeconomic background.





Qualitative interview

Qualitative interviews are conducted with doctors, nurses and patients with diabetes and hypertension to identify the barriers and facilitators for treatment adherence in the population.